GRP Japan Supports Diabetes Week 2026 and World Diabetes Day

Act Early on Diabetes — Small Steps Can Change the Future

Tokyo, Japan – November 2026: As Japan observes Diabetes Week (November 9–15) and World Diabetes Day (November 14), Global Regulatory Partners G.K. (GRP Japan) joins the call for greater diabetes awareness, prevention and early detection.

Japan's 2026 Diabetes Week theme, announced by JADEC, is 「小さな一歩が未来を変える ― 肥満対策とダイアベティス予防 ―」 ("Small steps change the future: addressing obesity and preventing diabetes"). Globally, WHO and the International Diabetes Federation (IDF) emphasize early action:

- more than 40% of people living with diabetes remain undiagnosed worldwide, and
- up to half of those with type 2 diabetes may already have complications when diagnosed.

The challenge is significant in Japan, too. According to the Ministry of Health, Labour and Welfare's 2024 National Health and Nutrition Survey:

- approximately 11 million people are strongly suspected of having diabetes,
- while another 7 million have HbA1c findings for which diabetes cannot be ruled out.

Because type 2 diabetes can develop with few noticeable symptoms, regular health checkups, attention to test results and timely medical consultation are important.

GRP Japan supports efforts to promote diabetes prevention, early detection and greater understanding of people living with diabetes. We believe everyone deserves the opportunity to study, work and live in a supportive and inclusive environment.

We extend our appreciation to the healthcare professionals, educators, patient organizations and families who make that support possible every day.

For reliable information on diabetes prevention and early detection, please see the resources on Page 2.

Sources: WHO and IDF World Diabetes Day 2026 campaigns; JADEC Diabetes Week 2026; MHLW 2024 National Health and Nutrition Survey (published December 2025).

GLOBAL REGULATORY PARTNERS

Diabetes Prevention and Early Detection

Trusted Information Resources

Independent public and professional organizations offering reliable information on diabetes prevention, screening and early detection for patients, families and healthcare professionals. Technical clinical materials should be interpreted with professional guidance.

Japanese organizations (websites in Japanese)

JADEC — 日本糖尿病協会

Organizer of Japan's Diabetes Week. Awareness, prevention and support for people living with diabetes.

nittokyo.or.jp →

JIHS — 糖尿病情報センター

Diabetes Information Center page "Find diabetes early" (糖尿病は早く見つけましょう): health checkups, blood glucose and HbA1c.

dmic.jihs.go.jp →

MHLW — 厚生労働省 e-ヘルスネット

e-health net: health checkups, prevention and lifestyle-related diseases.

kennet.mhlw.go.jp →

JDS — 日本糖尿病学会

Diabetes information and diagnostic criteria. Some materials are intended for healthcare professionals.

jds.or.jp →

International awareness resources

WHO — World Diabetes Day 2026

Early action, recognizing risks and timely diagnosis.

who.int →

IDF — Act Early on Diabetes

2026–2027 campaign on awareness, detection and care.

idf.org →

These external links are provided for general educational purposes. GRP Japan does not control their content. This information is not a substitute for advice from a qualified healthcare professional.